

CONTINUING PROFESSIONAL DEVELOPMENT (CPD) REFLECTIVE DIARY

Date	Title	Category	Type	Credits	Key learning points

Credits: 1 Credit = 1 hour of learning activity (maximum 6 credits in one day)

Category:

- a. External: Outside own hospital setting
- b. Internal: Inside own hospital setting
- c. Personal: Reading journals & texts, writing articles, information searches

Type:

- a. Clinical: CPC, clinical courses etc
- b. Non-clinical: Talks on discipline, customs of service, M.Sc. course et

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